Cambridgeshire and Peterborough
Sustainability and Transformation Partnership

STP Stakeholder Update
August 2019

What is this document for?	Provides an update on the outcomes from the most recent STP Board meeting, as well as on other STP progress and news.
Who is this document for?	Written for and distributed to: • Partner NHS Trust Board members • CCG Governing Body members • Health & Wellbeing Board members • Local Medical Committee • All GP Practices (via CCG Gateway) • Overview & Scrutiny Committee members • Healthwatch • Local MPs
How should this document be used?	• Distributed to the above stakeholders • Presented to partner NHS Boards by CEO/Chair • Used as a prompt to brief patient groups and other Fora. Although written to be publicly available, this update is not designed specifically for a general public audience. We produce a bespoke public Newsletter which can be found on our website here.
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STP Board Update

The most recent STP Board meeting in public was held on 18 July 2019. The agenda and Board papers can be read on the Fit for the Future website here.

Patient story – Diabetes – The Board heard from Sophie, a local person living with Type 1 diabetes. Sophie talked about her experiences, from being diagnosed at an early age, through school, and as an adult interacting with the NHS and diabetes support services. Sophie advocated better engagement with diabetics in how services are planned; better education and understanding for those interacting with diabetics, including schools, employers and health and care services; as well as better use of new technologies to support diabetics to self-manage their condition.

Dr Alex Gimson (Clinical Communities Forum Chair) confirmed that better diabetes management and care is a priority for our STP, and he outlined the progress being made in developing a Diabetes Strategy. The STP Board emphasised how important emotional well-being is for people with diabetes (and all long-term conditions) and that the new Diabetes Strategy should take account of this.

Delayed Transfers of Care (DTOC) – The Board heard that the improvements in DToC levels made over the last three months, both at Peterborough City Hospital (PCH) and Cambridge Universities Hospital (CUH), are being maintained. Throughout June PCH had between 2% and 4% DToC June and CUH had between 4% and 5% DToC. The challenge is to make sure that we continuously keep DTOCs at a low level and to see the benefits at Hinchingbrooke Hospital.

Finances – The System plan is an overspend of £192m; this is still £50m away from the System Control Total of £142m overspend but will enable us to access a substantial sum of £81m of Provider/Commissioner Sustainability Funding (PSF/CSF) available to this System for those organisations achieving their respective Control Totals.
At Month 3, the System remains on-plan in terms of year-to-date position and forecast out-turn.

It was recognised that the medium-term financial plan (MTFP), being prepared as part of our response to The NHS Long Term Plan, should not be an aggregation of individual partner's plan but, rather, a System plan that covers transformation and saving solutions. The STP Board were also reminded that our CCG has to pay back debts which must, therefore, be built into the financial modelling.

Finally, the Board heard that, due to a lack of NHS capital, nationally, all STPs have been asked to reduce their capital plan by 20% in 2019/20. There is an understanding of the risks arising from this, for our STP, however these are being managed by STP partners.

Community Services Review – The STP Board was advised that there is a significant amount of work to be done on the Community Services Review process and more significant savings for 2019/20 need to still be found. Phase one of the Review was approved at our Clinical Commissioning Group (CCG) Governing Body meeting on 2 July. Clinically-led solutions are been identified for this financial year.

Integrating Cardiology Services – With the successful opening of the new Royal Papworth Hospital on the Cambridge Biomedical Campus, the Board heard that plans are afoot to better integrate Cardiology services at Royal Papworth and Addenbrookes Hospital, now both on the same site.

The proposal is to integrate cardiology services in order to improve patient experiences and outcomes, as well as provide staff with a great working environment and career development opportunities. The combined cardiology service will be one of the world's leading centres and, because of its location on the Cambridge Biomedical Campus, it will be ideally situated to make the most of medical research possibilities. The timeframe for completion of the integration is 1 April 2020, with every effort being made to bring this about earlier, if possible.

North and South Alliances – Key update points raised for both the North and South Alliances:

- 21 Primary Care Networks (PCNs) went live on 1 July 2019, with broadly cohesive and universal geographic coverage, and new clinical directors (many new to System leadership);
- As a System, we are very well positioned to respond to the Long-Term Plan due to our existing place-based approach;
- We are witnessing good dovetailing between the Integrated Neighbourhood (INs) Programme and national changes to GP contracts; and
- A new Primary Care Innovation Academy will be provided by The Judge Business School – the PCN Clinical Directors will be participating in Leadership Development.

The Board recognised that the INs and PCNs will be the main vehicles for service change and we need to ensure we utilise these accordingly. Furthermore, the Board is conscious that the PCNs are new entities and we need to adopt a 'protectionist' approach to their level of involvement, in the short term, to allow for their development.

Digital – The Board noted that the number one digital priority for the Cambridgeshire and Peterborough STP is developing an Integrated Care Record (ICR), which will help to empower our patients and staff. Furthermore, establishing ICR is now a national directive, as set out by the Secretary of State for Health and Care and the NHS Long Term Plan.

Local Response to The NHS Long Term Plan – The response should build on our 2016/17 STP plan. It was agreed that we need to change our approach to delivery through changing front line services and that partners must be fully engaged in the process. This work will be a collaboration of all partners.

The STP Board discussed using STP Board meetings as the forum for taking this forward, but subject to individual partner Boards already having sign off; this can be via partner Board meetings, or virtual sign-off. ***For more information please see STP Board paper available online here.***

Other news

Showcasing Cambridgeshire and Peterborough as a great place to work and live – A new microsite https://itsallcomingtogether.co.uk/ has been launched that promotes the county as a great place to work and live – a great place to settle, to raise families and to have a career, whether starting out in work, moving on or looking for new opportunities. We want to showcase all that is good about where and who we are, to attract great people to join us.

STP partners joined forces and worked collaboratively on this project, which is part of our wider Recruitment and Attraction work. We held a number of workshops to gain insights, learn together and establish how best to support our partners – both NHS and social care – with this work. We conducted a tender process to recruit an agency to build the site and the product of this collaborative went live in mid July.

Take a moment to watch the short video on the website – an inspiring and wonderful insight into why our staff choose to work and live in Cambridgeshire & Peterborough.

CPFT to host Applied Research Collaboration for East of England – Following a successful bid to improve health and care services across the region through research, CPFT will be hosting the National Institute for Health Research (NIHR) Applied Research Collaboration (ARC) for East of England.

The government recently announced a total £135m investment for 15 NIHR ARCs across the UK, including £9 million for the East of England, to improve care for mental health, ageing, dementia, learning disabilities, palliative and end-of-life health needs, and support people with multiple conditions.

Focused research projects will help communities with the greatest health challenges, including Peterborough and Fenland, and the ARC East of England will also co-lead applied research in mental health, palliative and end of life care nationally with the ARC South London.

Over five years, this programme of research will take forward work from the predecessor collaboration, with some examples of projects making a difference including:

- Reducing physical restraint on mental health wards
- Supporting LGBTQ young people in social care
- Building capacity for clinicians to develop services for children with acquired brain injuries (ABI)

More information can be found here.

Cambridgeshire & Peterborough to trial new online support for Type 2 diabetes – NHS advice will be offered online to people with type 2 diabetes to help them manage their condition via a first of its kind service.

The new offer, will mean people with type 2 diabetes have evidence-based information and support available at the touch of a button, via an online portal, giving them convenient and quick help to deal with the physical and mental challenges of diabetes.

Our STP will be one of eleven sites to pilot the new service later this year, ahead of a national roll out from 2020.

Trialled through funding from the National Institute of Health Research (NIHR), the service demonstrated significant improvements in people's average blood sugar and an improvement in the mental health of people newly diagnosed with the condition.

More information can be found here.

Stepping Up Programme for aspiring BAME colleagues – A leadership development programme is available for aspiring black, Asian and minority ethnic (BAME) colleagues who work within healthcare (the NHS or an organisation providing NHS care).

The programme, eligible to colleagues working at AfC bands 5 and 6, as well as 7 and above, or equivalent, aims to create greater levels of sustainable inclusion within the NHS by addressing the social, organisational and psychological barriers restricting BAME colleagues from progressing.

The programme is designed to bridge the gap between where applicants are and where they need to be, to progress into more senior roles. Successful applicants will be empowered to drive forward the inclusion agenda and develop their skills and abilities in order to grow and progress.

For more information, or to direct a colleague to the programme, visit the NHS Leadership Academy website here.

World-leading genome study spells hope for sick babies – A Cambridge-based study has shown that the diagnosis and treatment of some of the most critically ill babies can be improved by sequencing their whole genome.

The study, which is the largest of its kind in the world, uses advanced genome sequencing to help doctors identify genetic conditions in neonatal and paediatric intensive care units.

The study found that one in four babies had an underlying genetic condition and that, in the majority of the cases, the diagnosis changed their treatment plan.

The Next Generation Children's Project, uses whole genome sequencing that delivers results within a two to three week window. Proving that the tests are possible and have an impact on early diagnosis and treatment paves the way for this kind of testing to be offered nationally.

The breakthrough, which is expected to attract medical interest worldwide, will enable doctors to intervene earlier, manage conditions more effectively, potentially improve outcomes and even save lives.

The announcement follows a trial spearheaded by University of Cambridge and Cambridge University Hospitals NHS Foundation Trust (CUH), which runs Addenbrooke's Hospital and The Rosie maternity.

Awards galore! – We are proud to report on a whole host of local services that have recently won awards.

Stroke team win national award for transforming care – Cambridgeshire and Peterborough NHS Foundation Trust's (CPFT) Stroke Early Supported Discharge (ESD) Team have been crowned System Transformation Champion of the Year at Health Education England's annual healthcare education and training (HEAT) Awards, celebrating NHS staff and their outstanding work at the Royal College of Physicians, London on 18 July.

The prestigious award recognises their dedication to delivering an effective system-wide, therapy-led service, which has transformed the community stroke rehabilitation pathway to improve care for stroke survivors.

Find out more about the award here.

Digital award for Cambridge University Hospital – The HIMSS-Elsevier European award for 'Outstanding ICT Innovation' was presented to Cambridge University Hospital NHS Foundation Trust (CUH) during the Healthcare Information and Management Systems Society's (HIMSS) Health and Care Conference in Helsinki. This award reflects the Trust's success in joining up healthcare for patients through ground-breaking digital initiatives.

Find out more about the award here.

Regional Excellence Award for Fast Track Prostate Service – Based at Peterborough City Hospital, The Fast Track Prostate Service for cancer patients has reduced the wait for a first appointment for patients with suspected prostate cancer from 12 days to 8.

This incredible work has been recognised by Daniel Zeichner MP, who nominated the team for the NHS Parliamentary Awards, in the category of The Excellence in Health Care Award.

Huge congratulations to all the worthy winners!