

Checklist for leaving hospital

- Do you have your medication ?
- Do you understand when it should be taken ?
- Are you taking home any equipment ?
- If so, do you understand how it works ?
- Is there anybody you need to contact to tell them you are going home ?
- Do you have your discharge summary letter ?
- Do you have details of any follow up appointments ?
- Do you have all your personal belongings ?
- Have you got any medical certificates you need ?
- When your equipment is no longer needed please return it to the relevant department.

Contact Information

The Queen Elizabeth Hospital King's
Lynn NHS Foundation Trust
Gayton Road
King's Lynn
Norfolk
PE30 4ET
Tel: 01553 613613

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Going Home

**Information to help
you when you are
discharged from
hospital.**

Patient Information

February 2018



Useful information for when you return home after a hospital stay.

Medication

Your medication may have changed while you were in hospital. Please be sure when you get home that you do not take any medicines that have been stopped.

Any repeat prescriptions should be obtained from your GP.

If you have any immediate concerns about your medication, you can contact our Pharmacy staff by telephoning direct on 01553 613750.

Monday to Friday 9am – 6.30pm
Saturday and Sunday 9am - 5pm

Discharge Letter

You should have been given your discharge letter. This contains details about your admission, treatment and any medication changes. Your GP will also have received a copy of this letter.

Follow up appointments

After discharge you may be required to attend hospital as an outpatient. If so, details of your first appointment should be given to you by the ward staff before you leave or sent by post to your home.

If you were told to attend as an outpatient, but have heard nothing two weeks after going home, please contact the hospital switchboard and ask to speak with your consultant's secretary (your consultant's name will be detailed on your discharge letter).
Hospital switchboard tel: 01553 613613.

Support at home

If you need practical assistance at home, you should have been assessed by Social Services who will make all necessary arrangements.

Red Cross volunteers provide a *Home from Hospital* service which can help with settling back into your normal routine. This support is available on a short term basis. Tel : 01553 613613 x 2721 for details.

Medical support following discharge

Out of hours GP
Ring your normal GP and listen to the message advising you of the number to ring.

Call 111
If you're worried about an urgent medical concern, you can call 111 to speak to a fully trained adviser.