

It can be helpful to discuss your usual work during your appointment. Your Surgeon can then provide you with a Fitness for Work certificate if required.

You may require inpatient care / surgery; however you may be admitted on the same day as your appointment or you may return home with plans to be admitted in the next few days. Staff will ensure you have a medical assessment and investigations such as blood tests, E.C.G and MRSA screening during your appointment. We will also ensure you are given any necessary pre-admission instructions before you leave.

You may need to have a follow up appointment to see one of the Orthopaedic Surgeons; you can arrange this at reception when you leave.

If you require an X-Ray and / or removal of a Plaster Cast at your next appointment we will arrange for this to be done upon your arrival.

The Plaster Room

Plaster Casts are applied by our Orthopaedic Practitioners in the Plaster Room.

Patients are given advice and information leaflets about how to care for their Plaster.

If you have any queries or concerns about your plaster cast or splint you can access telephone advice and a review from Orthopaedic Practitioners during opening hours

Contact Information

Orthopaedic Outpatient Department
01553 613672

Plaster Room
01553 613613 ext. 2291

(Open Monday-Friday 09:00-17:00)
(Except Bank Holidays)

To re-arrange Fracture Clinic
Appointments call 01553 613613 ext.
2309

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Fracture Clinic

Orthopaedic Outpatient
Department



The Fracture Clinic

Fracture Clinic is held every morning in the Orthopaedic Outpatient Department

We care for both adults and children who have:

Fractures and dislocations
Soft tissue injuries and wounds
Acute musculoskeletal disorders / conditions

The Fracture Clinic team includes:
Orthopaedic Surgeons / Medical Staff
Nurses
Orthopaedic Practitioners
Health Care Assistants
Reception Staff

The Orthopaedic Outpatient Department is situated just a short distance from the Main Hospital Entrance.

Wheelchairs are available from the Main Entrance if needed.

What to expect at your appointment

On arrival you will be greeted by our Reception Staff who will ensure your details are up to date and also offer you a survey to complete.

Due to the busy nature of the Fracture Clinic there may be delays; if this is the case we will try to keep you updated. If you would like to leave the department, you may do so within a short distance (for example to visit the coffee shop) and are welcome to take a pager and then we will alert you when you are the next patient to be seen.

You will have a consultation with one of our Orthopaedic Surgeons / Medical Staff.

Nurses, Orthopaedic Practitioners and Health Care Assistants will be available to support you and act as a Chaperone.

If you have a plaster cast, splint or dressing it may be removed during the consultation for clinical examination by the Orthopaedic Surgeon.

You and your Orthopaedic Surgeon will formulate a treatment plan together; this may include:

- Further tests such as X-rays, Blood Tests and Scans
- A Referral to another Healthcare Professional
- Care / treatments such as:
 - Plaster Casts
 - Wound care and dressings
 - Splints and slings
 - Manipulation of unstable injuries
 - Minor surgical procedures
 - Therapeutic injections
 - Arrangements for Inpatient care and surgery
 - Monitoring through follow up appointments

Staff will talk to you about how you are managing at home with your injury / condition. If you are over 65 or have certain medical conditions, you may be offered a referral to our Rapid Assessment Team (RATS) who can provide advice and support to help you at home.