



## Asking us to visit a patient

Please pass this slip to a member of staff to send to us, or leave it in our post-box in the Sacred Space (ground floor, opposite X-Ray)

Patient's name:

.....

Ward:

.....

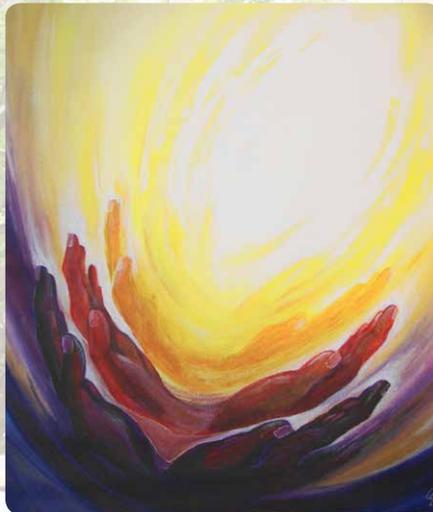
Your name:

.....

Patient / Relative / Friend  
Staff / Faith contact / Other

Date:

.....



## Contacting the Chaplaincy

Chaplains are on duty in the hospital from 9am to 5pm, Monday to Friday, and on Sunday mornings from 9.30am to 12 noon.

Chaplains are 'on-call' during the week when they are in the hospital, and over the weekend. This means that a Chaplain can often respond to requests for urgent help. In this case, please contact the Switchboard on 01553 613613, ext 0, or ask a member of staff to contact us for you.

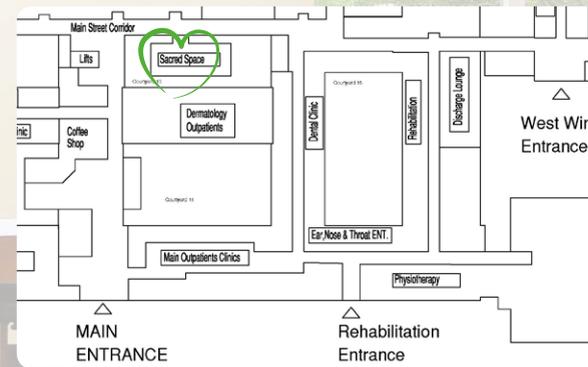
**Tel:** 01553 613441, or ext 3441  
(messages can be left)

**Bleeps:** 3441 or 2642

**Email:** chaplaincy@qehkl.nhs.uk

### Chaplaincy,

The Queen Elizabeth Hospital Kings Lynn  
NHS Foundation Trust,  
Gayton Road,  
Kings Lynn, PE30 4ET



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The Queen Elizabeth  
Hospital King's Lynn  
NHS Foundation Trust

# Chaplaincy

at The Queen Elizabeth  
Hospital, King's Lynn



Chaplaincy offers compassionate care and support to all, regardless of faith or belief; standing alongside you through life's experiences.





## What can Chaplaincy do for you?

The Chaplaincy Team work throughout the Queen Elizabeth Hospital to support people in whatever they are facing.

Being a patient, or supporting a close friend or relative in hospital, can be an unsettling and anxious time. It can be filled with pain or distress, cure and relief, fear and hope, loss and celebration.

Whether you are a patient, relative or member of staff, the chaplains are here to listen, without judgement and in confidence. This may help you to feel less anxious, see things more clearly, or gain a wider perspective.

People often assume they have to be religious to speak to us, but you don't have to profess any belief to receive our support, and we will not impose any beliefs on you.



## What is Spiritual Care?

The Chaplaincy Team offers spiritual care. Spiritual care is simply caring for a person's 'spirit', their sense of self and inner wellbeing.

We believe all people have a spirituality; a sort of inner climate, which is sometimes in need of support.

In a hospital, spiritual care is provided in the context of illness and recovery. It is person-centred, and makes no assumptions about personal conviction or life orientation. Our aim is to listen to people and support them where they are.

We aim to address the spiritual, pastoral and religious needs of those who contact us; these may include one or more of the following:

- \* finding meaning in what has happened
- \* discovering new purpose in life
- \* the healing of painful memories
- \* regret and forgiveness
- \* supporting religious beliefs, rituals and practices
- \* non-religious beliefs
- \* reflecting on past life experience
- \* issues of mortality



## The Sacred Space

The Sacred Space is located on the ground floor, opposite the X-Ray unit, and provides an oasis of quiet within the hospital. It is open day and night. Here you may light a candle, leave a prayer on our prayer-board, reflect or just be.

A **Christian** service is held every Sunday at 10.30am for 30 minutes. Holy Communion can be brought to patients at their bedside if they are unable to attend.

A **Roman Catholic** Mass is held every Tuesday at 4.30pm for 30 minutes. The priest visits patients after this service, and other RC volunteers visit on Tuesdays and Fridays.

**Muslim** Prayers take place every Friday from 1pm for an hour.

Members of other faiths are welcome to use the Sacred Space for prayers or worship. The Chaplains will also attempt to contact other faith/belief representatives as required.

