COMMUNITY RESOURCE PACK LINCOLNSHIRE 2020/ 2021

PERSONAL ALARMS

KEYSAFES

MEAL SERVICES

MOBILITY SHOPS

RED CROSS

EQUIPMENT SERVICES (NRS)

SOCIAL SERVICES

CARE/SUPPORT SCHEMES

PALS

PERSONAL ALARM SYSTEMS AND KEYSAFES

TELECARE – INDEPENDENCE AND SAFETY AT HOME

03455 564 144

At Age UK Lincoln & South Lincolnshire we recognise that home is where the heart is and provide a range of products and services that enable people to live safely and maintain their independence in their own homes.

Lifeline Units

Our lifeline unit gives you the freedom to live how you want with the security of knowing that whether you are young or older you can always get help when you need it.

Pendants

The pendant can be provided as a necklace or watch strap.

Available from as little as £2.85 per week.

Keysafes

A Keysafe is a secure metal box is attached by one of our technicians to the exterior wall of a property. Inside the keysafe, you keep a spare key, or keys,

Additional Products

Depending on your personal needs a range of other equipment can be added to your Lifeline to maintain your independence at home

MEAL SERVICES

OAKHOUSE FOODS - 0808 588 0918

Delivering delicious frozen ready meals

Explore our wide range of delicious frozen ready meals and desserts where you can find all your favourite dishes. We also cater for a wide range of dietary needs and preferences

Your order is then delivered to you by your local friendly driver, right to your home. They can even pack your meals away for you, and you see the same friendly faces each time!

WHILTSHIRE FARMFOODS - 0800 077 3100

There are over 300 tasty dishes to choose from, handdelivered by local drivers who are reliable, friendly and here to help you

<u>A COUNTRY KITCHEN</u> – 01406 425242

Country Kitchen, Minerva House, Park Rd, Holbeach, Lincolnshire Holbeach

If you have problems cooking or heating food, you can use A Country Kitchen. It provides hot food deliveries across Lincolnshire.

Email: info@ACountryKitchen.co.uk

EQUIPMENT SERVICES

RED CROSS WHEELCHAIR AND EQUIPMENT HIRE

Grantham 0345 054 7171

Our wheelchairs cost £15 per week to hire.

The charge for accessories is £3 per week.

There is an initial minimum hire period of 1 week and you can extend your booking up to a maximum of 20 weeks. Where possible we offer delivery and collection for people who may not be able to get to our local services. The charge is £10 for delivery and £10 for collection.

FACTORY OUTLET SCOOTERS - 0800 345 7579

18 London Rd, Grantham NG31 6EJ

Factory Outlet Scooters supply brand new mobility scooters at low cost prices. Your scooter will be delivered, usually within 3 working days, if in stock.

SETH AND SONS MOBILITY - 01406 422 052

Mobility Scooters and Electric wheelchairs in Lincolnshire

The Wheelhouse, Hallgate, Fleet, Holbeach, Lincolnshire, PE12 8NG

NRS EQUIPMENT COLLECTION - 0300 100 0716

Unwanted equipment can be collected, recycled and sent to those people who really need it.

If you have been loaned equipment by NRS Healthcare which you no longer need we can arrange a collection FREE of charge

LINCOLNSHIRE COUNTY COUNCIL ADULT SOCIAL SERVICES

Call 01522 782155 (Monday to Friday, 8am to 6pm)

Call 01522 782333 (emergency out of hours)

HOME FROM HOSPITAL SCHEME- BRITISH RED CROSS 0845 054 7171

How do we help people? The support offered by our volunteers can smooth the process of settling back into a normal routine and enable people to regain their confidence and independence.

<u>LINCOLNSHIRE WELLBEING SERVICE</u> – 01522 782140

Wellbeing is important to us all. Our wellbeing service is designed to help you live independently. We can help to support your needs around the home, such as equipment and adaptations or access to Telecare.

LINCOLNSHIRE COMMUNITY MENTAL HEALTH TEAM –

0303 123 400

Our community mental health teams provide recovery-based interventions and support people to live with a mental health condition. You may be referred to this service if you have, or may have a severe or long-term mental illness. We offer you support in your own home and the community

<u>LINCOLNSHIRE MIND COMMUNITY SERVICES</u> –

0300 303 4363

We aim to help people who have experienced a mental health problem to recover what they have lost – and to rediscover their lives

AGE UK LINCOLNSHIRE - 01522 696 000 /03455 564144

Age UK Lincoln & South Lincolnshire offers and a wide range of support and many services for people over 50 years of age and their families

24/7 RESPONSE SERVICE AGE UK - 03455 564 144

Our Response Service can be used as an addition to your Telecare service.

Our team of responders are available to respond to calls 24 hours a day and aim to arrive at your property within 2 hours of your alarm being activated

PATIENT ADVICE AND LIASON SERVICE

Based at the Queen Elizabeth Hospital 01553 613351 or 01553 613343

There is a 24-hour answer machine if no one is available. If nobody is available to take your call you should leave a message and we will respond within 24 hours

Patient Advice and Liaison Service (PALS) is confidential and can help when you need advice, don't know where to turn to or have concerns about your healthcare at The Queen Elizabeth Hospital

THE CINNAMON TRUST – 01736 757900

The National Charity for the elderly (over 60s), the terminally ill and their pets

The Cinnamon Trust also provides long term care for pets whose owners have died or moved to residential accommodation which will not accept pets