Department of Oral and Maxillofacial surgery

Instruction to patients and their escort following treatment under IV sedation

The patient, under supervision of the person who has assumed responsibility for the patients care, should follow these instructions.

Following your treatment under sedation you will be discharged home under the care of your escort. You should rest at home and reduce your activity for the next 24 hours. You are likely to feel drowsy, disorientated and forgetful for the rest of the day as the effect of sedation takes time to wear off. You may also experience some bruising of your arm where a needle was inserted or where the sedative agent was given.

It is very important that you observe the following instructions:

1. Your escort must take you home, preferably by private car or taxi, for you to be looked after by a responsible adult.
2. You MUST NOT drive any vehicle, operate any machinery or use a domestic appliance (e.g. a kettle) for the next 24 hours.
3. You MUST NOT drink any alcohol, return to work, and make important decisions or sign and legal documents for 24hours after sedation.
4. You should take any medication you have been prescribed at the usual time unless instructed otherwise.
5. If you are worried or have any problems following your treatment, please telephone the hospital on 01533 613613 Monday to Friday 8.30am and 5.30pm and ask to speak to the on call surgeon for Oral Surgery. Outside of these hours contact Norfolk and Norwich Hospital on 01603 286286.