**Contact Information**

**Name: Rhonda Troughton Orthodontic Secretary**

Contact Number: 01553 613855

**Name: Orthodontic / ENT reception**

Contact Number: 01553 613613 extension 3577

**Name: DCT for Oral Surgery and Orthodontics**

Contact number: 01553 613613 ask for the on call doctor in oral surgery.

**Department of Oral and Maxillofacial Surgery**

**Intravenous Sedation**

The Queen Elizabeth Hospital King’s Lynn NHS Foundation Trust  
Gayton Road, King’s Lynn PE30 4ET  
Tel: 01553 613613

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**Feedback**

We appreciate and encourage feedback. If you need advice or are concerned about any aspect of care of treatment, please speak to a member of staff or contact the Patient Advice and Liaison Service (PALS):

**Telephone:** 01553 613351 or 01553 613343  
**Email:** pals@qehkl.nhs.uk  
**Letter:** PALS, The Queen Elizabeth Hospital King’s Lynn NHS Foundation Trust, Gayton Road, King’s Lynn PE30 4ET

The Trust endeavours to ensure that the information given here is accurate and impartial.

**What to expect.**

You have been offered treatment under intravenous (IV) sedation in order to help you relax. Most people will find this a pleasant and acceptable way to receive treatment

A cannula is placed into a vein in the back of your hand or in the arm. The medication administered and you will feel drowsy and relaxed. You will not be asleep and will be able to respond to us.

The sedation may dull your memory so that you do not remember much about the treatment when you return home. The effects on everyone are slightly different. Also, what happened during a previous experience with IV sedation may not occur the next time.

The treatment room will consist of a consultant oral surgeon, a junior oral surgeon, a sedation trained dental nurse and a dental nurse. They will monitor you throughout the procedure.

Afterwards you will wait in the recovery room with a recovery nurse for 1 hour after the drug was administered and you are fit enough to return home. On occasion we are able to allow the escort to sit with you in the recovery room.

You should be prepared to spend at least 2 hours in the department, longer if it is necessary.

Please follow the instructions you have been given as failure to do so will result in your appointment being postponed.

If you have any questions about your treatment please ask the clinician’s or sedation nurses on your arrival.

**Instructions for the day of treatment.**

1. You must eat a light meal of toast, tea, coffee or fruit juice, TWO hours before your appointment.
2. Take any prescribed medication as usual, unless otherwise instructed.
3. You must not drink alcohol on the day of your appointment or the night before.
4. You must be accompanied by a responsible adult who must remain in the department throughout your appointment, escort you home afterwards and arrange for you to be looked after for the following 24 hours.
5. Your escort should take you straight home after treatment by private transport or taxi, rather than public transport.
6. You must not drive any vehicle, operate machinery (including domestic appliances) or use a bicycle for 24 hours.
7. You must not return to work or make any important decisions for 24hours. You must not sign any legal documents for 24hours after sedation.
8. Please wear loose comfy clothing and flat shoes.
9. Please remove nail varnish, gels or false nails as they can inhibit our monitoring machines from working effectively.