

CONFIDENTIAL

Hospital Passport

If I have to go to hospital this document needs to go with me because it will help staff to support me in an unfamiliar place and when I struggle to tell them important things about me.

My name is:

My birthday is:

My NHS/Hospital Number is:

This document needs to be available at my bedside and a copy should also be put in my notes.

Please make sure that I take this copy home with me

This form can be completed by me or anyone who knows me well

Date completed:

By whom:

Relationship to person:

For support and advice involving Learning Disabilities, Dementia or other Mental Health conditions during your visit to this hospital please contact our Liaison Team on extensions 4900 and 4887.



1. I like to be called:



2. When I am in hospital I would like the person/carer who knows me best with me; e.g. Family Member, District Nurse, Other Service:



3. My religion and beliefs are:



4. How we can communicate, my language, how I can let you know I am in pain, etc.:



5. What my usual day would be:

Morning

Afternoon

Evening

Bedtime/Night Time



6. Any problems with seeing or hearing:



7. Please consider the following: my current medication, how I take it, any allergies I have and also consider the best ways of taking my blood pressure, taking blood, giving me injections, etc.



8. My personal care: dressing, washing, going to the toilet and the help that I may need with these.



9. How do I eat and drink?: food allergies, small amounts, thickened fluids, risk of choking, gastroscopy and the help I may need.



10. My sleeping: my routine, wandering, do I need bed-rails to keep me safe.



11. Ask me if there is something I would like to know, e.g. where the toilet is, when a treatment is, how the call bell works, how to get a drink.



12. How can you tell if I am anxious or upset, and what makes me feel better:



13. What do I like and dislike: food, noise, things that upset me, reading, drawing, music.

LIKES:

DISLIKES:



14. My story so far: hobbies, work, family, special memories and anything else that you would like us to know?

Acknowledgements:

This Hospital Passport has been developed for use in The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust. It was based on original work by St. George's Healthcare NHS Trust, The Alzheimer's Society and The Royal College of Nursing in conjunction with patients and carers.